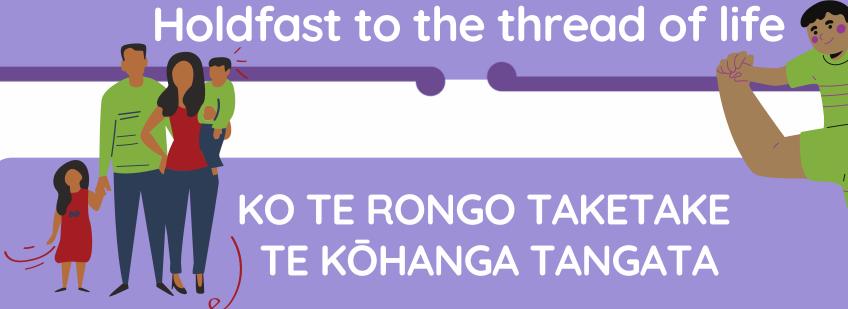
# MAMAU KI TE TAURA TANGATA



Great peace is the environment that nests humanity

## Whanaungatanga

Stay connected, spend quality time together, celebrate your relationship with and for each other, do things together.

## Mana Ōrite

Equity removes the illusion of discipline, power and authority within the home. Respect each other by listening carefully and speaking thoughtfully.

### INTERPERSONAL AND DOMESTIC VIOLENCE

### WHAT'S THE PROBLEM?

- Level 4 lockdown means that many are at home 24/7 with an abusive partner, family member, or flatmate, with limited options to leave.
- Despite the increase in domestic violence, people are less likely to report due to uncertainty with lockdown restrictions

#### **GUIDANCE & ADVICE**

- For anyone in immediate danger, ring 111. If it is not safe to talk, press 55 - you can answer questions by pressing keys on your phone.
- If you are in danger in your bubble, it is OK to leave to keep yourself safe- family violence refuges and crisis services will be operating during lockdown.



